

THE THIRD SUNDAY OF EASTER Sunday, April 18th 2021

Letter from Fr Bernard

Did somebody say, just sing?

Singing is good for you. It's a proven fact! So why is Fr Bernard writing about singing, when we can't sing in church? The answer is - I want to encourage you to sing, because it has so many benefits for your health and well-being. Why?

- It creates measurable physiological changes by making enhanced activity in the immune system.
- Singing engenders happiness and raised spirits counteracting feelings of sadness and depression.
- Singing involves focused concentration, which reduces worrying.
- Singing involves deep controlled breathing which helps to counteract anxiety.

I have not just made this up. It is a summary of conclusions by various researchers quoted by scientist and theologian, Rupert Sheldrake, in his latest book. Very good, but how can we sing with these restrictions? It is interesting to note that a few weeks ago, I went to "cathedral hopping" by YouTube and numbers of choir members varied from 3, 7, 20. And in one, there were 16 boys, and eight men!

For now we have to be content with singing in the bath or shower. In other places, however, you can hum, or sing quietly to yourself. You don't need to remember all the words. You don't need to confine yourself to religious music. Anything will do.

Did somebody say just sing? Yes, I did. When I decided to sing again I discovered that my voice had almost gone. I had to work through a "crust" to make a noise at all. Then, patience was needed to force out the proper notes. Make it work for you, then your voice will flow again. Have a good sing, and you will feel better. Then when we get back to singing in church we can sing the "Alleluya" chorus! Keep singing.

Let Us Pray

God our Father,
you have welcomed each one of us in Jesus
and called us to be his body in this place.
Send us your Holy Spirit,
at this time of uncertainty and change,
to fill us with vision and energy;
make us faithful in prayer and worship,
that we may be true to our calling
to bring new life to our community.
Guide with your heavenly wisdom
those who are to choose a new Incumbent for this parish,
that the one whom we receive
may be a wise and gentle shepherd of your people:
ready to serve us with joy, to build us up in faith.

Amen

Hymn

Songs of praise the angels sang, heaven with alleluias rang, when creation was begun, when God spake and it was done.

Heaven and earth must pass away; songs of praise shall crown that day: God will make new heavens and earth; songs of praise shall hail their birth.

Saints below, with heart and voice, still in songs of praise rejoice; learning here, by faith and love, songs of praise to sing above

John Montgomery 1771-1854

His Royal Highness, The Prince Philip, Duke of Edinburgh

We are deeply saddened by the death of His Royal Highness The Prince Philip, Duke of Edinburgh. Our prayers are with the Queen and her whole family. As a mark of respect, St. Margaret's bell will toll for five minutes prior to the funeral at 3.00pm on Saturday, April 17th.

Church will also be open for Private Prayer between 9.30am and 11.30am on Saturday to allow people to pay their respects.

You can write a message of condolence in the Church of England's online Book of Condolence here.

Bishop of Leeds, the Rt Revd Nick Baines, reflects on the life and service of Prince Philip here. A reflection by the Archbishop of Canterbury, may be read here. A reflection by the Archbishop of York, can be read here.

Sunday Worship

We welcome you to join us for Parish Mass at 10.00am each Sunday.

To protect everyone involved and to allow our services to continue, our Covid precautions are still in place and we would like to remind you of the following:

- To book, email Vickie at stmargaretschurchpa@gmail.com with the date of the service you would like to attend plus your name and telephone number so we have your details for track and trace.
- Wear a mask and use the hand sanitiser provided on entering church
- Avoid mingling in church and immediately outside before or after the service.

THE THIRD SUNDAY OF EASTER Sunday, April 18th 2021

First Reading: Acts 3: 12-19
Gospel Reading: Luke 24: 36-48

The Order of Service for The Third Sunday of Easter is here

Sunday "Coffee Time"

Please join us on Sunday, April 18th at 11.30am for our virtual "coffee time". The meeting details are below.

Click here to join Zoom Coffee Time

Services will be starting again at St Matthew's on a regular basis each Sunday, so they have decided to temporarily stop doing the Zoom coffee sessions after their 10am Mass. They may decide to run them occasionally and we will keep you up-to-date of any changes.



SERVICES AT ST. MARGARET'S

Sunday 18th April THE THIRD SUNDAY OF EASTER

10.00am Mass in Church Celebrant: Fr Nicholas Clews

Booking is essential through the Parish Office stmargaretschurchpa@gmail.com.

Sunday 25th April THE FOURTH SUNDAY OF EASTER

10.00am Mass in Church Celebrant: Ven Mike Edson

Booking is essential through the Parish Office stmargaretschurchpa@gmail.com.

Face masks must be worn in church

In our Prayers

Years' Mind His Royal Highness The Prince Philip, Duke Of Edinburgh

Sunday Augustus Howell, Alastair Smith

Monday Maurice Newbold

Tuesday Hilda Chamberlen, Ted Striven, David Webb (Pr)

Wednesday Howard Powell, Albert South, Annie South

Friday John Quigley (Pr)

Saturday Arthur Sandford, Alastair Veitch

Please pray for the sick: Trevor Allen, Val Banks, Ann Bruun, Joan Gelder, Lauren Green, Ramone (Ray) Guha, May Hughes, Fr Garth Kellett, Charlotte Lockhart, Peter Kuchartschuk, Vivienne Swindells, Peter Waterhouse.

Please contact the churchwardens or Vickie if you would like to add someone to our prayer list.

Links to live-streamed worship

St Matthews, Northampton St Matthews is an Anglican Parish Church, in the catholic tradition. You are welcome to join Fr Nicholas Setterfield and the congregation of St Matthews for their live-streamed Parish Mass at 10.15am. Service booklets also be can downloaded. Go to http://www.stmatthewsnorthampton.org.uk/ and then click on the link to join the live-streamed Sunday service which is posted on the home page. You can also "like" St Matthew's facebook page to receive live notifications of streamed services. The link the facebook page is https://www.facebook.com/stmatthewschurchnorthampton/

Links to to live-streamed services in churches within Leeds Diocese

Click <u>here</u> to reach live worship in churches across the Diocese.

Private Prayer at St. Margaret's Monday to Friday 9.30am - 11.30am

St Margaret's is open each weekday morning between 9.30am and 11.30am.

Please use hand sanitizer when you enter and leave church and take responsibility for your own social distancing. Please also pick up one of the "Please clean me" notices on entering church. We kindly ask you to leave this notice on your seat when you leave church.

We wish to keep the church as a place of quiet. Any social conversations should take place away from the Church and its grounds. There will be no hymn books or prayer books or other cards available, so if you would like any prayer resources please bring those with you and take them away similarly.

Morning Prayer on Zoom Wednesday, April 21st

The Readers will be holding a service of Morning Prayer on Zoom on Wednesday, April 21st at 10.00am. We will use the words from Common Worship. These will be shown on the screen or can be downloaded <a href="https://hee.com/heec.com/he

Click the Zoom link to join morning prayer here. The link will be open from 9.50am. All are welcome.

Annual Parish Church Meeting April 20th 2021

The annual meetings will be held on Tuesday, April 20th at 7.30pm by 'Zoom'. To join the meeting, please use the link details below.

The APCM Reports are available to view <u>here</u> and the Annual Accounts are available to view <u>here</u>. Thank you to everyone who submitted a report for inclusion

The minutes of the 2020 APCM meeting are available to view here. The agenda for this year's meeting is available to view here

At the meetings there will be the following elections:

- 2 Churchwardens
- 3 Deanery Synod members
- 3 Parochial Church Council members

There will only be an election if the number of nominations for a particular vacancy exceed the numbers shown. I have received the following nominations:

Churchwarden:

Nominee: Helen Buswell

Proposed by Audrey Waterhouse. seconded by Janet Kish

Nominee: Alison Stretton

Proposed by Michelle Still, seconded by Jane Sheldon

Deanery Synod:

Nominee: Ros Beeson

Proposed by Alison Stretton, seconded by Helen Pilling

PCC:

Nominee: Philip Tooke

Proposed by Catherine Gibson, seconded by Catherine Beaumont

Nominee: Tina Warnes

Proposed by Catherine Cheater, seconded by Catherine Beaumont

Nominee: Ben Whitaker

Proposed by Catherine Gibson, seconded by Helen Buswell

Nominations for all positions are open, until the date of the APCM, to anyone who is on the Electoral Roll of St Margaret's and who satisfies the other requirements specified on the nomination forms. Churchwardens are elected annually and may stand for six consecutive periods of office. PCC members and Deanery Synod Representatives are elected for a period of three years. If you would like to apply, please contact me via the Parish Administrator at stmargaretschurchpa@gmail.com and I will email a form to you. Completed forms can be photographed/scanned and emailed to me or sent to Vickie Kemp, Parish Office, St Margaret's, Queen's Road, Ilkley LS29 9QL. Thank you. Catherine Webster, PCC Secretary.

Zoom log on Details Annual Parish Church Meeting

The PCC is inviting you to a scheduled Zoom meeting. If you have any technical problems joining the meeting on the night, please contact Alison Stretton at astretton1@virginmedia.com

Topic: Annual Parochial Church Meeting (APCM)

Time: Apr 20, 2021 07:30 PM London

To Join by Zoom Meeting:

https://us02web.zoom.us/j/85131141834

Meeting ID: 851 3114 1834

To join by mobile phone:

One tap mobile

Please tap in digits, commas and hashtag into your phone exactly as show below:

+442080806591,,85131141834#

To join by landline:

Dial by your location

+44 208 080 6591

Meeting ID: 851 3114 1834



RHYME TIME

ST MARGARET'S PARISH HALL FRIDAY MORNINGS 10.00AM - 10.45AM

CALLING ALL PLAY TIMERS!

We are back with a short session of music, puppets and stories on Friday mornings. Due to current restrictions, it will be more sedentary than our usual playtime but still plenty of opportunity to enjoy music, puppets and stories. We hope to see you soon!

> Places available: 10 single adults plus children Every Friday morning during term time

Booking is essential at stmargaretschurchpa@gmail.com

Please supply your name, number/age of children and telephone number

Sessions are free. No refreshments

Please wear a face mask at all times and use hand sanitizer on entry

Help Required

Since the untimely death of David Chary and the retirement of Steve Betts, the PCC has been looking to find a volunteer to Chair the Church Fabric and Hall Maintenance Committee which is an amalgamation of the two former separate committees.

The job is not particularly arduous and does not require any building or maintenance specialisms, but does require someone with enthusiasm to work with Parish Administrator Vickie and Church Caretaker Alan to help maintain our wonderful church and hall, both of which are in good condition with no planned projects for the foreseeable future.

If you have a couple of hours a week free and would be prepared to help, please contact either of the Wardens, or John McGhee via the Parish Office who can fill in the details. Thank you.

Practical Support and Help

Ilkley and District Good Neighbours provides a range of support and practical help to include shopping, a regular phone call, collecting prescriptions and other help needed. For more information go to http://info@goodneighboursilkley.org.uk

Ilkley Library To reserve books from the online catalogue and for the Home Library Service – <u>ilkley.library@bradford.gov.uk</u> 01943 4362254.

Ilkley Chat provides the latest news affecting Ilkley as a result of COVID-19 https://www.ilkleychat.co.uk/coronavirus

Daily Hope, is a 24 hour free phone line for Christian worship and prayer. Call 0800 804 8044